

## **Commercial Fitness**



The Green Company





## Technology and design created with passion

The LK line of cardiovascular equipment has been designed specifically for users who are looking for robustness, strength, quality and technology, along with an attractive design but without sacrificing performance.

The result is an intuitive user interface, refined ergonomics, maximum functionality and reliability that will exceed your expectations at any level.

Our LK line combines the perfect balance between innovation and high performance that will help the user to achieve their goals.

Choose LK! Converts the cardio area into the heart of your gym!

## Quality and environmental commitment

At Exercycle we have taken yet another step forward in our commitment to combine the health and wellbeing of people with **caring for the environment** and the planet's future.

Once again we have demonstrated our commitment to preserving the environment by virtue of our recent certification to the ISO 14001 standard, one of the most recognised environmental management systems in the world. This certificate is added to our ISO 9001 quality certificate, obtained more than 6 years ago, along with numerous eco-friendly practices and actions carried out in recent years.

ISO 14001 certification is included within the Exercycle's strategic project to ensure respect for the environment and continuous improvement through sustainable growth and responsible use of natural resources.

## G660 treadmill



## technical specifications

Width: 93 cm / 37"

Length: 222 cm / 87"

Height: 155 cm / 61"

Weight: 182 kg / 401 lbs.

Running surface: 160 x 55 cm / 61" x 22"

Inclination:

up to 15% (standard model) or up to 17% (with "Incline +" kit)

Maximum user weight: 180 kg / 397 lbs.

- O Quiet, reliable 4,5 HP AC motor. Produces speeds of between 0,8 and 22 km/h with maximum silence. It guarantees power and durability with minimum consumption, thanks to a more efficient use of energy, which leads to a lower consumption for the same performance.
- O The **HST Phenolic Wax System** featured on the LK6600 Treadmills, includes a revolutionary combination of belt and deck with HST Phenolic wax unique to the market that provides a low maintenance system, and eliminates the need of lubrication for an estimated period of 6 months or 1 year (depending on the environmental conditions of the room and the frequency of use).
- O Casing: Painted ABS plastic using automobile technology.
- O HR monitoring: Contact and integrated Polar wireless receiver.
- O Powerful central elevation system of up to 17%: An axle permits a maximum inclination of 15% in the standard model and up to 17% in models with the optional "Incline +" kit.
- O XXL running surface, with a longer surface of 160 x 55 cm / 22" for easier and more comfortable running, suitable for all users' strides.
- O Aluminium side sections and non-slip rubber footrests.
- O Easy Toolbar for quick, instant access built into the front handrail, this includes pulse rate contact sensors, one-fi nger speed and tilt buttons and emergency stop.
- O Attractive curved profile s-shaped monitor, with a carefully studied inclination of 45°, optimum for an enhanced view of the display and an easy access to all the controls during the exercise.
- O **Programs:** Manual, 28 preset profiles for different levels of difficulty and intensity, user programmable profile, Test Man, Test Woman and Heart Rate Constant program.
- O Connection for mp3 and built-in speakers, which let the user listen to their own music while exercising.
- O Smart impact absorption system: for more fluid running, as it controls and absorbs the force of each step on the board, helping to maintain a constant speed during exercise.
- O **Progressive damping elastomers:** Its advanced technology elastomers gently absorb the first impact of the foot and harden the damping as users bend and lift their foot from the platform. This ensures correct damping that prevents joint and muscle pain in the knees and feet.
- O **Ultra reinforced chassis** and oversized frame. Provides maximum strength and reliability during exercise.
- O Bottle holder: Very useful for long training sessions.
- O 4 adjustable feet. They assure the maximum stability on any kind of surface.
- O Wheels for transportation.



## G600 treadmill



## technical specifications

Width: 93 cm / 36.6"

Length: 222 cm / 87.4"

Height: 155 cm / 61"

Weight: 180 kg / 397 lbs.

Running surface: 160 x 55 cm / 61" x 22"

Inclination: Up to 15%

Maximum user weight: 180 kg

- O Quiet, reliable 4.0 HP AC motor. Produces speeds of between 0.8 and 22 km/h with maximum silence.
- O Easy Toolbar for quick, instant access built into the front handrail, this includes pulse rate contact sensors, one-finger speed and tilt buttons and emergency stop.
- O Central electric single shaft lifting system that allows a maximum gradient of 15%.
- O Innovative design with **an attractive curved profile S-shaped monitor** with a carefully studied slope for an enhanced view of the display and a more ergonomic posture.
- O Magnetic speed sensor, used to detect and prevent potential problems.
- O **Monitored heart rate:** measured either by contact with the handlebar or via telemetry (Integrated POLAR compatible receiver).
- O Band with tough, flexible, slip resistant, absorbent PVC surface. This surface is highly resistant to abrasion, mechanical strength and shock proof and it is also recyclable.
- O Monitor: DOT MATRIX screen with top LED window that graphically displays the progress of the exercise. The bottom alphanumeric display gives the user instructions before and during the exercise. The 4 LED windows at the very bottom simultaneously show information for Speed, Time/Distance, Calories/Tilt and Pulse rate.
- O **Programs:** Manual, 28 preset profiles for different levels of difficulty and intensity, user programmable profile, Test Man, Test Woman and Heart Rate Constant program.
- O Connection for mp3 and built-in speakers, which let the user listen to their own music while exercising.
- O Powerful two-speed fan, for a more rewarding exercise experience.
- O **Ultra reinforced chassis** and oversized frame. Provides maximum strength and reliability during exercise.
- O **ProTronic cushioning system.** Its shock damping system with 8 elastomers helps prevent muscle and joint injuries.



## G550 treadmill



## technical specifications

Width: 93 cm / 37"

Length: 210 cm / 83"

Height: 147 cm / 58"

Weight: 150 kg / 331 lbs.

Running surface: 155 x 55 cm / 61" x 22"

Inclination: Up to 15%

Maximum user weight: 150 kg / 331 lbs.

- O Quiet, reliable 3.5 HP AC motor. Produces speeds of between 0,8 and 20 km/h with maximum silence. It guarantees power and durability with minimum consumption, thanks to a more efficient use of energy, which leads to a lower consumption for the same performance.
- O Easy Toolbar for quick, instant access built into the front handrail, this includes pulse rate contact sensors, one-fi nger speed and tilt buttons and emergency stop.
- O Central electric single shaft lifting system, that allows a maximum gradient of 15%.
- O Attractive curved profile s-shaped monitor, with a carefully studied inclination of 45°, optimum for an enhanced view of the display and an easy access to all the controls during the exercise.
- O **Speed controller:** Digitally controlled instrument that detects and prevents possible problems.
- O **HR Monitoring:** Monitored pulse control: POLAR hand-grip system and POLAR telemetric system (optional chest-band).
- O **Monitor:** The top screen displays the various pre-set exercise profiles and current exertion levels. The bottom alphanumeric screen is used to guide the user when selecting the exercise as well as to display information about the exercise both during the exercise. The 4LED window at the very bottom simultaneously shows information for Time, distance, calories/inclination and pulse rate.
- O **Programs:** Manual, 28 preset profiles for different levels of difficulty and intensity, user programmable profile, Test Man, Test Woman and Heart Rate Constant program.
- O Connection for mp3 and built-in speakers, which let the user listen to their own music while exercising.
- O Fan: Powerful 2 speed fan.
- O Absorber system: Pro Tronic technology for maximum back and joint protection.



#### easy toolbar

Easy toolbar built into the handrail for easy access to the most frequently used controls, ensuring an ergonomic posture whilst running.



#### varied training

Manual Program, user definable, Man/Woman Fitness Test, HRC and 28 profiles at different intensity levels.



## mp3 and headphone connection

that allow the user to enjoy the exercise to the full while listening to their favourite music.



#### motor

Quiet, reliable 3.5 HP AC motor, with Green Power Tech. This technology minimizes the energy losses thus improving the efficiency of the motor.



- o Electromagnetic and self-generating braking system. No electrical connection required.
- o Self-guide system which increase the stride without risk.
- o New motor and chassis conception: attractive, elegant and ergonomic.

o Monitored heart rate: measured either by contact with the handlebar or via telemetry

o Poly-V belt drive system

o 20 inch (50.8 cm) stride length

#### technical specifications



- O Up to 20 resistance levels.
- O FREESTRIDE for a more natural sensation.
- O The handle is designed to provide a different possibilities of grip. With the pulse rate contact sensors or telemetry system.
- O Strong and protective steel structure around the machine.
- O Stride length: 51,5 cm / 20,5"
- O Optimized biomechanics research which guarantees smooth movements, natural and with a great muscular concentration.
- O Exclusive central elliptical motion system.

## technical specifications

Width: 91 cm / 35.8"

Length: 150 cm / 50.1"

Height: 150 cm / 50.1"

Weight: 110 kg / 242.5 lbs

Maximum user weight: 140 kg / 308.6 lbs.



## G825 variable stride elliptical

LK 8250

- O The most natural and smooth sensation of Variable
- O Strong and protective structure around the machine ensuring higher stability during the exercise.
- O Variable stride from 18 to 26".
- O Up to 24 resistance levels.
- O Heart rate sensors. With the pulse rate contact sensors or telemetry system.

## technical specifications

Width: 90 cm / 35.4"

Length: 149,5 cm / 58.9"

Height: 165 cm / 65"

Weight: 90 kg / 198.4 lbs.

Maximum user weight: 140 kg / 308.6 lbs.



# H720 vertical bike



### technical specifications

Width: 62 cm / 24.4"

Length: 130 cm / 51.2"

Height: 142 cm / 55.9"

Weight: 59 kg / 130 lbs.

Maximum user weight: 180 kg / 397 lbs.

- O **Electromagnetic and self-generating braking system.** No electrical connection required (unless the user wants the monitor to be on constantly when not pedaling).
- O Poly-V belt drive system to ensure silent exercising and minimal maintenance.
- O Box Frame. Frame made of high tensile steel Its box section frame provides additional strength.
- O Monitor: DOT MATRIX screen with top LED window that graphically displays the progress of the exercise. The bottom alphanumeric display gives the user instructions before and during the exercise. The 4 LED windows at the very bottom simultaneously show information for speed/rpm, time, distance, calories, watts and pulse rate.
- O Completely open frame in order to offer the free access to the machine.
- O **Monitored heart rate:** measured either by contact with the handlebar or via telemetry (Integrated POLAR compatible receiver).
- O **Programs:** Manual, 40 preset profiles for different levels of difficulty and intensity, user programmable profile, Test Man, Test Woman, Heart Rate Constant program and Steady Watt program.
- O The bicycle fully adapts to the height of each user. Horizontal and vertical seat adjustment ensures a perfect fit to any user.
- O Up to 20 resistance levels.
- O **Perfect synergy between saddle and pedals.** Ergonomic design that helps to align hips, knees and pedals. A short distance between the pedals heightens comfort.
- O **Porte-bouteille et porte-serviette.** Pour une hydratation constante et un confort maximum au cours des entraînements les plus longs.
- O Maximum comfort thanks to its powerful dual-speed fan.
- Transportation wheels.



## H775

## recumbent bike



## technical specifications

Width: 61 cm / 24"

Length: 170 cm / 66.9"

Height: 130 cm / 51.2"

Weight: 65 kg / 143.3 lbs.

Maximum user weight: 180 kg / 397 lbs.

- O **Electromagnetic and self-generating braking system.** No electrical connection required (unless the user wants the monitor to be on constantly when not pedaling).
- O New motor and chassis conception: attractive, elegant and ergonomic.
- O Perfect synergy between the seat and the pedals. Any obstacles between the handlebars and saddle have been eliminated. 100% accessible.
- O **Box Frame.** High strength steel structure. Its box with chassis on the entire perimeter acquires additional strength.
- O **Programs:** Manual, 40 preset profiles for different levels of difficulty and intensity, user programmable profile, Test Man, Test Woman, Heart Rate Constant program and Steady Watt program.
- O **Monitored heart rate:** measured either by contact with the handlebar or via telemetry (Integrated POLAR compatible receiver).
- O Up to 20 resistance levels.
- O Completely open frame in order to offer the free access to the machine.
- O Poly-V belt drive system to ensure silent exercising and minimal maintenance.
- O **Bottle holder and towel rail.** For constant hydration and maximum comfort over long exercise sessions.
- O Transportation wheels.
- O Roulements surdimensionnés.
- O Electromagnetic resistance of 500 W.
- O Maximum comfort thanks to its powerful dual-speed fan.



# R500 rowing machine



## technical specifications

Width: 54 cm / 21"

Length: 272 cm / 107"

Height: 116 cm / 45"

Maximum user weight: 180 kg / 397 lbs.

Usable length of rail: 118 cm / 46"

Gear ratio: 1:4.2

- O Magnetic brake system with adjustable intensity of 16 levels.
- O Lightweight design, easy and quick assembly and dismantling.
- O The **flywheel's design conceived to minimize the noise** and reinforce the fluid and smooth feeling of rowing on a boat.
- O Flywheels in the shape of a fan covered by a double side cover with concentric holes, which help to its ventilation and cooling, and give more resistance to each stroke.
- O **Poly-V belt drive system**, which assures a smooth and noiseless exercise, maintenance free.
- O **Oversized footrests,** covered with non-absorbent and non-slip rubber surface. Absorbs shocks and it's more resistant to micro-organisms.
- O Easy adjustment of the footrests thanks to the adjustable padded straps which prevent feet from moving during the exercise.
- O Rail with 4 steel bearings covered with rubber over an aluminium section with stainless steel covering, for a soft and quiet seat slide.
- One-piece design tube, which offers more stability and durability.
- O Safety lock system for the grip, for fixing the grip during the exercise or once the user has finished it.
- O 4 adjustable feet. They assure the maximum stability on any kind of surface with wheel set at the front part of the machine, for a quick and easy transportation.
- O Constant heart rate monitoring, thanks to the telemetric pulse chip.
- O **On-screen information:** Time, Distance, SPM, (strokes/min.), Total strokes, Watts, Time / 500 m., Calories, Pulse.
- O **Programs:** 12 preset profiles with a total of 111 different workout levels, Manual program (time, distance, calories, pulse and strokes), Watt, User program with customizable profile, 4 HRC programs, Race program and Recovery test.



## CROSSHIT elliptical trainer



Resistance system

increased air resistance for the most intensive exercises



The best elliptical movement: ergonomic stride and fluid and stable pedaling



**Colour Alert System Screen** 

#### technical specifications

Width: 67 cm / 23.4"

Length: 158 cm / 62.2"

Height: 175 cm / 68.9"

Weight: 70 kg / 154.3 lbs.

Maximum user weight: 150 kg/330.7 lbs.

Inertial system:



Stride: 21" / 53 cm

Distance between pedals: 15 cm / 5.9"

Brake: magnetic + air

- O Magnetic brake system which can generate up to
- O Predetermined profiles rigorously to challenge any
- Increased air resistance for a most intensive exercise.
- O High strength bearings: longer life for smoother and

complete version of the HIIT. Robust and stable Dual Elliptical Trainer for the most intensive exercises.



## BIKEHITT upright bike

- O Elliptical adapted poles for maximum intensity during the workout. Now arms are part of the training too.
- O Minimum distance between the pedals for a more natural movement.
- O Resistance System

  O Resistance System

  O Resistance System

  O Resistance System

  O Resistance System resistance for a most intensive exercise.
- O Contact pulse measurement system. Provides targets for advance training.
- O ABS plastic cover-cased protected with an anti-corrosion treatment.
- O Micro-adjustable seat and handlebar. It provides a great fit for all body sizes.
- O Wheels for an easy transportation.

demanding exercises.





**Colour Alert System Screen** 

#### technical specifications

Width: 54 cm / 21.3"

Length: 120 cm / 47.2"

Height: 142 cm / 55.9"

Weight: 70 kg / 156 lbs.

Maximum user weight: 160 kg / 352 lbs.

Inertial system:



Stride: 16" / 40 cm

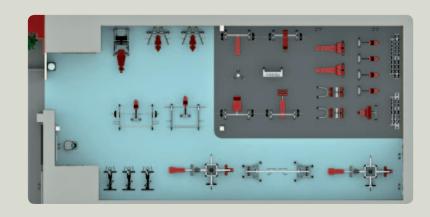
Distance between pedals: 23 cm / 9.1"

Brake: magnetic+air

## We design your fitness project

## Only the best design is a good option

For this reason, our design team seeks the best distribution according to the characteristics of the room, the gym's customers' target type, user flows, and the best use of the space so that both you and your customers like the fitness project.





## Don't imagine, now you can see it!

Now, you no longer need to imagine how beautiful your gym may be, just simply look at it. Because we provide you with the best 3D technology to give you an almost perfect vision of your gym, the distribution of the machines, and the interior design that we propose for it. Everything you can think of.

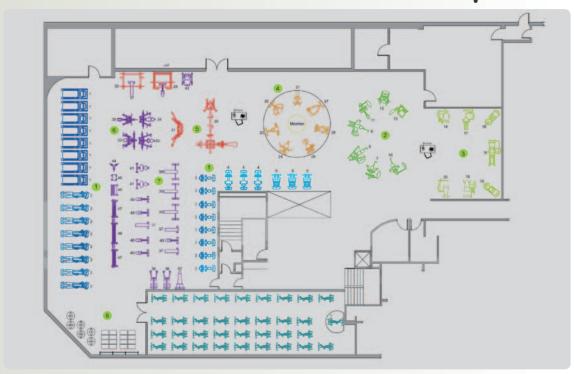
## Or would you rather go for virtual tour of your future gym?

And if you want to be able to walk by the room and check what your users will be able to see and enjoy there, now you can. Our design team can create the best virtual tours with "fly-through" technology, through which you can virtually walk around the room and see with your own eyes the future of your gym come true.

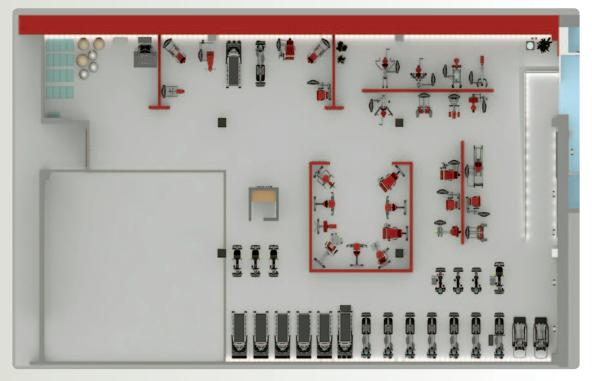


BH helps you to design the room of your gym and to make full customized projects designed for you.

## From 2D plan...



## ... to virtual reality!



## technical specifications



Height   156 cm / 61"   155 cm / 61"   147 cm / 88"   147 cm / 88"   147 cm / 88"   148 cm / 8							
Maximum user weight   180 kg / 397 lbs.   180 kg / 397 bs.   150 kg / 391 lbs.		Dimensions	Height	155 cm / 61"	155 cm / 61"	147 cm / 58"	
Maximum user weight   180 kg / 397 lbs.   180 kg / 397 bs.   150 kg / 391 lbs.			Width	93 cm / 37"	93 cm / 37"	93 cm / 37"	
Maximum user weight   180 kg / 397 lbs.   180 kg / 397 bs.   150 kg / 391 lbs.			Length	222 cm / 87"	222 cm/ 87"	210 cm / 83"	
Running area (LxW)			Weight of machine	182 kg / 401 lbs.	182 / 401 lbs.	150 kg / 331 lbs.	
Speed   0.8-22 km/h / 0.5 - 13.7 mph   0.8-22 km/h / 0.8-2		Specifications	Maximum user weight	180 kg / 397 lbs.	180 kg / 397 lbs.	150 kg/ 331 lbs.	
Speed   0.8-22 km/h / 0.5 - 13.7 mph   0.8-22 km/h / 0.8-2			Running area (LxW)	160 x 55 cm / 62 x 22"	160 x 55 cm/ 62 x 22"	155 x 55 cm / 61 x 22"	
Speed   0.8-22 km/h / 0.5 - 13.7 mph   0.8-22 km/h / 0.8-2			Motor	4.5 HP	4.0 HP	3.5 HP	
Speed   0.8-22 km/h / 0.5 - 13.7 mph   0.8-22 km/h / 0.8-2			Inclination	0 - 15 / 17 %	0 - 15 %	0 - 15 %	
Lucrication  HST Phenolic Wax  Manual  Manual  Dual speed fan  Pulse sensors on handlebar  Telemetric heart rate measurement  Bottle holder  MP3 connection  Emergency stop  MOB automatic emergency stop  Languages  Esp. Eng. Fr, Pt. De, Nl, It  Esp. Eng. Fr, Pt. De, Nl, It  Screen  Dot Matrix+LED  Dot Matrix+LED  Dot Matrix+LED  Total profiles  28  28  48  HRC  User program  Fitness test Man/Woman  Fitness test Man/Woman  Steady Watt Rate program  Distance control program  On-screen information  Speed, Time / Distance; Calories / Tilt and Pulse rate  Customizable greeting  Aluminium side sections. HST Phenolic Wax system, that reduces to the minimum the need of Jubinzation (Manual)  Manual  Manual  Manual  Manual  Manual  Manual  Manual  Manual  On-screen final profiles  Speed, Time / Distance; Calories / Tilt and Pulse rate  Customizable greeting  Aluminium side sections. HST Phenolic Wax system, that reduces to that reduces to manual profiles and headphone connection			Speed	0.8-22 km/h / 0.5 - 13.7 mph	0.8-22 km/h / 0.5 - 13.7 mph	0.8-22 km/h / 0.5 - 13.7 mph	
Dual speed fan  Pulse sensors on handlebar  Telemetric heart rate measurement  Bottle holder  MP3 connection  Emergency stop  MOB automatic mergency stop  Languages  Esp. Eng. Fr, Pt, De, Ni, It  Screen  Dot Matrix+LED  Total profiles  28  28  HRC  User program  Fitness test Man/Woman  Steady Watt Rate program  Distance control program  On-screen information  Speed, Time / Distance: Calories / Tilt and Pulse rate  Aluminium side sections. HST Phenoic Wax system, that reduces to the minimum the need of ulbrication fundiebar. Mg/S and neadphone  EasyToolbar in from handlebar. Mg/S and neadphone		afety	Easy Toolbar	•	•	•	
Pulse sensors on handlebar  Telemetric heart rate measurement  Bottle holder  MP3 connection  Emergency stop  MO8 automatic emergency stop  Languages  Esp. Eng. Fr, Pt, De, NI, It  Screen  Dot Matrix+LED  Dot Matrix+LED  Total profiles  28  28  18  HRC  User program  Fitness test Man/Woman  Fitness test Man/Woman  Steady Watt Rate program  On-screen information  Speed, Time / Distance; Calories / Tilt and Pulse rate  Other  Aluminium sicle sections, HST Phenolic Wax system, that reduces to hardlebar. MP3 and headphone connection  Oversized frame, EasyToolbar in fron handlebar. MP3 and headphone connection			Lucrication	HST Phenolic Wax	Manual	Manual	
MOB automatic emergency stop			Dual speed fan	•	•	•	
MOB automatic emergency stop				•	•	•	
MOB automatic emergency stop		and s		•	•	•	
MOB automatic emergency stop		Comfort	Bottle holder	•	•	•	
MOB automatic emergency stop			MP3 connection	•	•	•	
Esp, Eng, Fr, Pt, De, Ni, It   Esp, Eng, Fr, Pt, De, Ni, It			Emergency stop	•	•	•	
Screen Dot Matrix+LED Dot Matrix+LED  Total profiles 28 28 28  HRC				•	•	•	
Total profiles 28 28 28  HRC  User program  Fitness test Man/Woman  Steady Watt Rate program  Distance control program  On-screen information  Speed, Time / Distance; Calories / Tilt and Pulse rate  Other  Aluminium side sections. HST Phenolic Wax system, that reduces to the minimum the need of lubrication.  Phenolic Wax system, that reduces to the minimum the need of lubrication.  Oversized frame. EasyToolbar in fron handlebar. MP3 and headphone and headphone and headphone connection  EasyToolbar in fron handlebar. MP3 and headphone and headphone connection			Languages	Esp, Eng, Fr, Pt, De, NI, It	Esp, Eng, Fr, Pt, De, NI, It	Esp, Eng, Fr, Pt, De, NI, It	
HRC User program Fitness test Man/Woman Steady Watt Rate program Distance control program On-screen information Speed, Time / Distance; Calories / Tilt and Pulse rate Speed, Time / Distance; Calories / Tilt and Pulse rate  Other  Other  Oversized frame. EasyToolbar in fron handlebar. MP3 and headphone connection  EasyToolbar in fron handlebar. MP3 and headphone and headphone connection			Screen	Dot Matrix+LED	Dot Matrix+LED	Dot Matrix+LED	
User program  Fitness test Man/Woman  Steady Watt Rate program  Distance control program  On-screen information  Speed, Time / Distance; Calories / Tilt and Pulse rate  Speed, Time / Distance; Calories / Tilt and Pulse rate  Other  Other  Other  Other  Distance control program  On-screen information  Speed, Time / Distance; Calories / Tilt and Pulse rate  Oversized frame. EasyToolbar in fron handlebar. MP3 and headphone connection  EasyToolbar in front handlebar. MP3 and headphone connection  EasyToolbar in front handlebar. MP3 and headphone connection			Total profiles	28	28	28	
Fitness test Man/Woman  Steady Watt Rate program  Distance control program  On-screen information  Speed, Time / Distance; Calories / Tilt and Pulse rate  Speed, Time / Distance; Calories / Tilt and Pulse rate  Speed, Time / Distance; Calories / Tilt and Pulse rate  Other  Other  Aluminium side sections. HST Phenolic Wax system, that reduces to the minimum the need of lubrication.  Oversized frame. EasyToolbar in fron handlebar. Mp3 and headphone and headphone connection  EasyToolbar in front handlebar. MP3 and headphone connection			HRC	•	•	•	
On-screen information  Speed, Time / Distance; Calories / Tilt and Pulse rate  Speed, Time / Distance; Calories / Tilt and Pulse rate  Speed, Time / Distance; Calories / Tilt and Pulse rate  Speed, Time / Distance; Calories / Tilt and Pulse rate  Output  Aluminium side sections. HST Phenolic Wax system, that reduces to the mininum the need of lubrication.  Oversized frame. EasyToolbar in fron handlebar. MP3 and headphone connection  EasyToolbar in front handlebar. MP3 and headphone connection		-	User program	•	•	•	
On-screen information  Speed, Time / Distance; Calories / Tilt and Pulse rate  Speed, Time / Distance; Calories / Tilt and Pulse rate  Speed, Time / Distance; Calories / Tilt and Pulse rate  Speed, Time / Distance; Calories / Tilt and Pulse rate  Output  Aluminium side sections. HST Phenolic Wax system, that reduces to the mininum the need of lubrication.  Oversized frame. EasyToolbar in fron handlebar. MP3 and headphone connection  EasyToolbar in front handlebar. MP3 and headphone connection		Control pane	Fitness test Man/Woman	•	•	•	
On-screen information  Speed, Time / Distance; Calories / Tilt and Pulse rate  Speed, Time / Distance; Calories / Tilt and Pulse rate  Speed, Time / Distance; Calories / Tilt and Pulse rate  Speed, Time / Distance; Calories / Tilt and Pulse rate  Output  Aluminium side sections. HST Phenolic Wax system, that reduces to the mininum the need of lubrication.  Oversized frame. EasyToolbar in fron handlebar. MP3 and headphone connection  EasyToolbar in front handlebar. MP3 and headphone connection			Steady Watt Rate program	-	-	-	
and Pulse rate and Pulse rate and Pulse rate and Pulse rate  Customizable greeting  Aluminium side sections. HST Phenolic Wax system, that reduces to the minimum the need of lubrication.  Oversized frame. EasyToolbar in fron handlebar. MP3 and headphone and headphone connection			Distance control program	-	-	-	
Aluminium side sections. HST Phenolic Wax system, that reduces to the mininum the need of lubrication.  Oversized frame. EasyToolbar in fron handlebar. Mp3 and headphone connection  EasyToolbar in front handlebar. MP3 and headphone and headphone connection			On-screen information	Speed, Time / Distance; Calories / Tilt and Pulse rate	Speed, Time / Distance; Calories / Tilt and Pulse rate	Speed, Time / Distance; Calories / Tilt and Pulse rate	
Other  Phenolic Wax system, that reduces to the mininum the need of lubrication.  Phenolic Wax system, that reduces to the mininum the need of lubrication.  Phenolic Wax system, that reduces to the mininum the need of lubrication.  Solution of the mininum the need of lubrication.  Solution of the mininum the need of lubrication.  Solution of the mininum the need of lubrication.			Customizable greeting	•	•	•	
		Other	Other	Phenolic Wax system, that reduces to the mininum the need of lubrication.	handlebar. Mp3 and headphone		









rowing machine









Height	165 cm / 65"	142 cm / 55.9"	130 cm / 51.2"	116 cm / 46"	ns
Width	79 cm / 31.1"	62 cm / 24.4"	61 cm / 24"	54 cm / 21"	Dimensions
Length	204 cm / 80.3"	130 cm / 51.2"	170 cm / 66.9"	272 cm / 107"	mer
Weight of machine	103 kg / 227.1 lbs.	59 kg / 130 lbs.	65 kg / 143.3 lbs.	52 kg / 115 lbs.	ﻕ
Maximum user weight	160 kg / 353 lbs.	180 kg / 397 lbs.	180 kg / 397 lbs.	160 kg / 353 lbs.	· 0
Resistance levels	24	20	20	16	tions
Resistance system	Electromagnetic brake	Electromagnetic brake	Electromagnetic brake	Electromagnetic brake	Specifications
Self-powered	•	•	•	-	Spec
Drive system	Poly-V belt	Poly-V belt	Poly-V belt	Poly-V belt	•,
Vertical saddle adjustment		•	•	-	
Horizontal saddle adjustment		•	•	-	
Wheels	-	•	•	•	
Dual speed fan	•	•	•	•	afety
Pulse sensors on handlebar	•	•	•	-	Comfort and safety
Telemetric heart rate measure	•	•	•	•	nfort
Bottle holder	•	•	•	-	Con
Emergency stop	•	•	•	-	_
Adjustable stabilisers	•	•	•	•	
Languages	Esp, Eng, Fr, Pt, De, NI, It	Esp, Eng, Fr, Pt, De, NI, It	Esp, Eng, Fr, Pt, De, NI, It	Eng	
Screen	Dot Matrix+LED	Dot Matrix+LED	Dot Matrix+LED	LCD	
Total profiles	48	48	48	12	
HRC	•	•	•	•	
User program	•	•	•	•	
Fitness test Man/ Woman	•	•	•	-	Control panel
Steady Watt Rate program	•	•	•	•	ıtrol
Distance control program	-	-	-	-	S
On-screen information	Speed/rpm, time, distance, Calories, Watts and pulse	Speed/rpm, time, distance, Calories, Watts and pulse	Speed/rpm, time, distance, Calories, Watts and pulse	Level, time, time/500m, distance, spm, strokes, total strokes, calories, waatts, pulse rate	
Customizable greeting	•	•	•	-	
Other	Reinforced chassis	Box frame. Perfect alignment between saddle and pedals	Constant lumbar support. Side handles with integrated pulse sensors	A total of 11 different workout levels. Pulse recovery test. 5.5 inch LCD adjustable in different angles. Oscillating pedals	Other





# realizing your potential



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