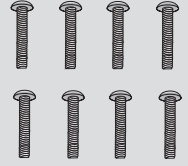


Floor Stand Assembly and SkiErg Installation



Parts Bag Contents

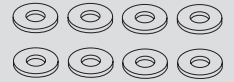
(8) 1 1/4" fasteners
PN 2206



(4) T-nuts
PN 2251



(8) black washers
PN 1259

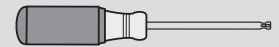
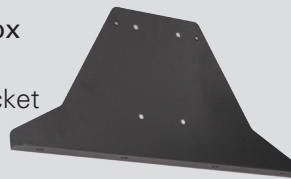


(6) 1/2" fasteners
PN 1231



Located in SkiErg box

(1) universal bracket



(1) T27 6-lobe driver

1 With the wooden base on its side, position the universal bracket on the base as shown.



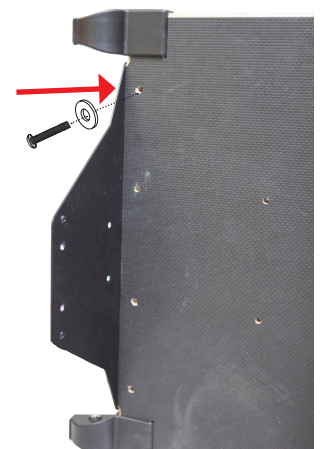
2 Assemble a fastener and washer and insert through the top of the wooden base and into the universal bracket in one of the outside holes. The fastener will protrude from the underside of the wooden base.



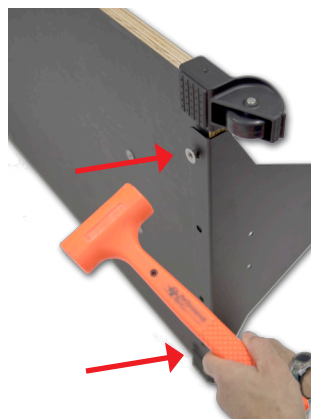
(1) 1 1/4" fastener
PN 2206



(1) black washer
PN 1259

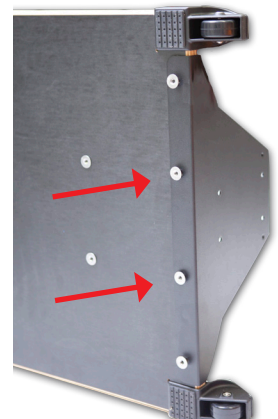


3 Install a T-nut over the protruding fastener and finger tighten. Use a hammer to fully seat the T-nut on the fastener. Repeat steps 2 and 3 on the opposite outside hole and tighten both fasteners.



(2) T-nuts
PN 2251

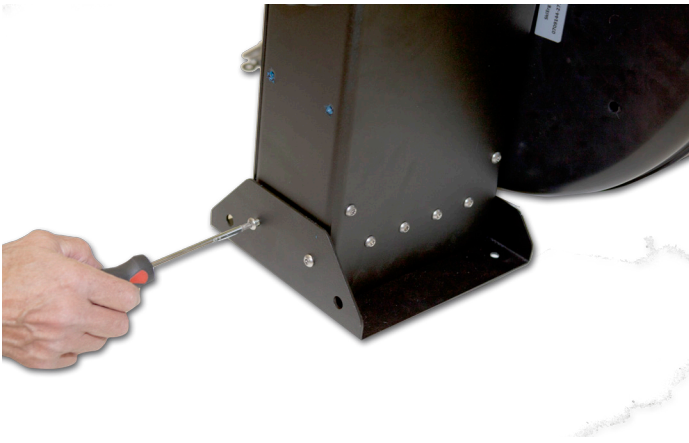
4 From the underside of the wooden base, insert the two remaining T-nuts in each of the two inside holes of the universal bracket. Use a hammer to fully seat the T-nuts. Lay the wooden base on its bottom in preparation for mounting the SkiErg.



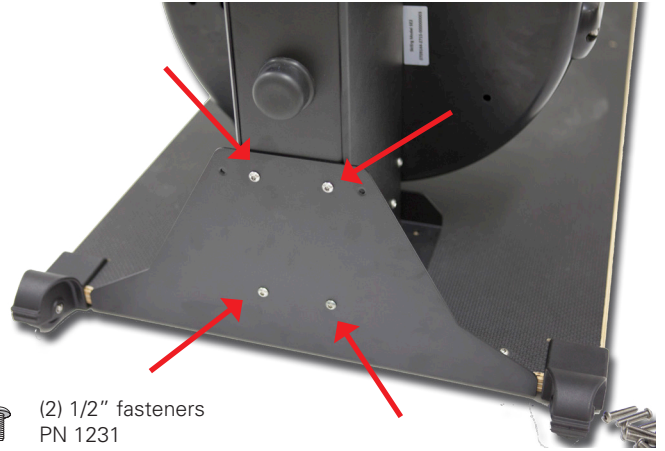
(2) T-nuts
PN 2251

Floor Stand Assembly and SkiErg Installation

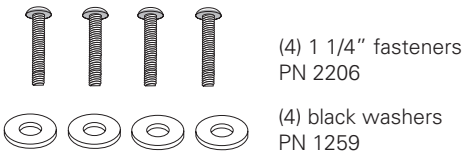
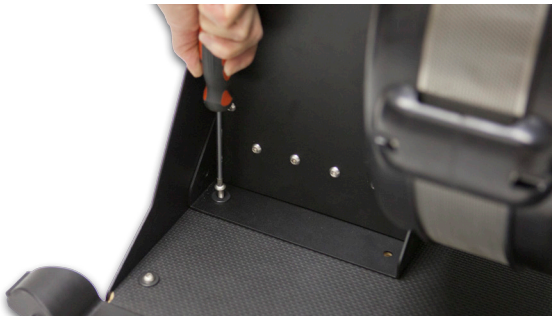
- 5** Remove the two pre-installed fasteners from lower portion of the SkiErg. You will reinstall these in the next step.



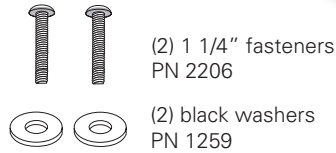
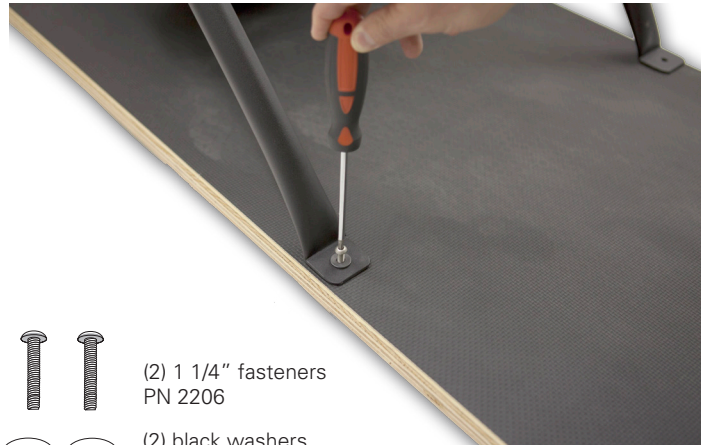
- 6** Carefully place the SkiErg on the wooden base so that it lines up with the four inner holes on the universal bracket. Reinsert the two fasteners removed in step 3, and two additional fasteners, through the universal bracket and into the SkiErg.



- 7** Assemble four fasteners and washers and insert through each of the four holes in the SkiErg bottom bracket and into the wooden base (two holes on each side). Tighten all fasteners.



- 8** Using a fastener and washer, attach the U-bar to the wooden base on each side. Tighten until fully seated.



- 9** Loosely attach the U-bar bracket the SkiErg using four fasteners. Once all four fasteners are in place, tighten fully.

